

OVERVIEW OF SDSU CAREER SERVICES

Resources for Your Career Success

HANDSHAKE

SDSU is partnering with Handshake to bring you a new career network! Engage with thousands of companies hiring across the U.S. Search and apply for opportunities based on your interests and career goals. Claim your account at career.sdsu.edu and download the Handshake app today!



AZTEC MENTOR PROGRAM

The SDSU Aztec Mentor Program (AMP) matches eligible juniors, seniors, and graduate students from all majors with alumni and professional mentors in San Diego and globally. AMP empowers students to gain valuable career guidance in areas such as networking, interviewing and resume development. Career Services and SDSU Alumni started AMP in 2013, and over 11,000 matches have been made. AMP helps students move their career forward with a mentor.



CAREER DEVELOPMENT ASSESSMENT TOOLS

We offer career assessments that you can use in every stage of your professional development - from choosing a major to assessing occupations and graduate programs. Make an appointment to meet with a career counselor to obtain a referral, as well as complete post-assessment interpretation and planning.

INTERNSHIPS

Internships provide students with the opportunity to bridge classroom learning and career development. Our center provides the resources, connections and guidance to assist students. Each semester, we offer Internship 101, 201, and 301 workshops to address the needs of students as they advance through internships. We also offer current information regarding for-credit internships and work closely with faculty to identify and grow internship sites. SDSU students excel in internship participation. Since 2013, over 21,000 internship placements have been reported.

ON-CAMPUS INTERVIEWING

Each semester, Career Services hosts employers, representing a range of industries, who conduct interviews on campus with students and alumni. In 2017-2018, Career Services hosted over 1,953 on-campus interviews.

CAREER COUNSELING AND WORKSHOPS

Our career counselors are experts on supporting the career development needs of college students and graduates. Schedule an appointment to assist you with your career planning, job search, resume review, major selection, and career assessment referral. Walk-in sessions are available for quick questions. We also offer workshops on various career-related topics. Visit our website for current walk-in hours and workshop offerings.

VETERANS

Career Services has an active partnership with the Joan and Art Barron Veterans Center. The two areas collaborate to provide support for students and alumni who are veterans. These initiatives include Veteran Student Assistants who provide support for career development.



CONTACT CAREER SERVICES

5500 Campanile Drive
San Diego, CA 92182-8255
Student Services East (SSE) 1200

Office Hours:
Monday - Friday
8 a.m. - 4:30 p.m.

Contact:
Telephone: 619-594-6851
Email: careerservices@sdsu.edu

Virtual Front Desk via Zoom:

- » Monday - Friday 9 a.m. - 4 p.m.
(Schedule through your Handshake account)

Appointments*:

- » 9 a.m. - 3 p.m.
(at least 24 hours in advance)
- » Call or come in to schedule*

Drop-ins*:

- » 15 minutes; no appointment needed*
- » Monday - Thursday: 1 p.m. - 3 p.m.
- » Friday: 10 a.m. - Noon

**NOTE: please check the Virtual Front Desk for up-to-date information during SDSU Flex learning.*



Taken prior to 2020.



LAUNCHING YOUR COLLEGE CAREER PLANNING

Maximize the Benefits of Career Readiness

GETTING STARTED

Students can experience confusion when it comes to making a career decision. The following are common questions that students ask our career counselors. What type of career is appropriate for me? What major should I select? What can I do with my major? How can I make the right decision? How can I get an internship?

Career planning is an important process that can help answer these questions or even uncover your dream career. The key is to start early and utilize all the resources that Career Services has available. To start early really makes a difference because you have at least four years to know more about yourself, prepare and follow a well-defined career path. We encourage you to follow the suggested timeline to maximize the benefits of career planning.

PREPARING FOR A SUCCESSFUL JOB SEARCH

Know Yourself and Explore Options

1	2	3	4
SKILLS & KNOWLEDGE	WORK VALUES	LIFESTYLE & LOCATION	YOUR IDEAL EMPLOYER
<p>Know what talents you want to use at work.</p> <ul style="list-style-type: none"> » Will you be using technical skills or special knowledge gained from a particular major? » Are these skills broad and transferable, such as communications, or planning and coordinating? 	<p>Stick with what is important to you.</p> <ul style="list-style-type: none"> » What attracts you to a particular job: security, prestige, contributing to society, helping others, making a high salary and career advancement? 	<p>Research where you want to live.</p> <ul style="list-style-type: none"> » Are you willing to relocate? » What activities will you do outside of work? » What about the cost of living and family considerations? 	<p>Know which industry is right for you.</p> <ul style="list-style-type: none"> » Do you want to work in a nonprofit, profit, or government setting? » What size of organization? » What personality type would your ideal supervisor have? » What would the work environment be like?
5	6	7	
FINDING THE BEST FIT	STRENGTHS	JOB SEARCH TOOLS	
<p>Identify which fields and positions fit your interest.</p> <ul style="list-style-type: none"> » Getting focused on a type of field and position is essential for a successful job search. » Target your specific skills and experience relevant to a job. » Having a “Plan A” for your desirable career goal is great, but also have a “Plan B” in case “Plan A” does not manifest in a reasonable length of time. 	<p>Recognize your strengths and weaknesses for a position.</p> <ul style="list-style-type: none"> » Plan to articulate your strengths and downplay shortcomings in your resume, job search correspondence and contacts to employers. 	<p>Carefully craft your skills for success.</p> <ul style="list-style-type: none"> » You’ll need a resume and job search correspondence that’s specific to your chosen field. » It’s important to practice interview skills, such that employers see you as a polished interviewee. 	